

Hilltopper

Harrisonburg District

October 2017



Prayers
Presence
Gifts
Service
Witness

A Month of Celebrations !

Hearts Party

Hearts Party held on September 10th was enjoyed by 34 participants with fun, food and fellowship.



Special points of interest:

- Celebrations
- Hilltopper 40 Years Old
- Important Dates
- Church Council
- Nurse's Health Corner
- Anniversaries & Birthdays

Parent's Night Out (children enjoying a movie and popcorn from their cardboard cars they had made in the crafts portion of the evening)

October Is Pastor Appreciation Month

Thank you Pastor
Shin and your
wonderful
family!!!



More to Celebrate !

Martha Fretwell was surprised with a 70th birthday celebration on September 23rd given by her children. Approximately 200 family and friends enjoyed a delicious meal, sharing of memories and fellowship.



40 Years of Hilltopper – 1977 – 2017

(over the following months of 2017 highlights from previous newsletters will be presented)

Reviews of 2002-2005

2002

- Received Conference award for “A Church for All God’s Children”
- Appreciation breakfast and monetary gift for Henry Breeding
- Yard sale held to benefit organ fund
- Soup and sandwich lunch to benefit organ fund



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Important Dates to Put on Your Calendar

10/12 12:00 pm	Hi Noon meeting at New Hope served by New Hope UMW
10/12 6:30 pm	District Lay Servant Appreciation Dinner Keezletown UMC
10/12 7:00 pm	District UMW Annual Meeting at Dayton UMC
10/15 10:30 am	Laity Sunday
10/22 10:30 am	Children's Sabbath



10/27 5-7:30pm "Hallelujah Night" on Friday, October 27th Please drop off your kids, but don't forget to pick them up afterwards!

"Trunk of Treat" 5-6pm
small dinner 6-6:30pm
"Movie Night" 6:30-7:30pm

10/29 "Bring a Friend Sunday"

Worship Special music: flutists during the worship service
Fellowship Covered Dish Lunch following the worship service
"Fall Fun" Hay Ride & Barn Fire for children (1-3pm)

11/11 HOTS.

4/19 - 4/20 Lancaseter Trip to Sight and Sound Theater (JESUS)

Children's Sabbath - Sunday, October 22nd

Each year Children's Sabbath is generally recognized on the second Sunday of October however this year it will be on October 22nd (no conflict with Laity Sunday). This is a time to reflect on God's gift of children – ways congregations and individuals can renew their commitment to care for, protect and advocate for children. This year's theme is "Moving Forward with Hope, Love and Justice for Every Child."

Charge Conference

On Sunday, September 24, 2017 at 3 pm. New Hope held their annual charge conference with Rev. Tommy Herndon presiding. There were 13 present.

Rev. Herndon called the meeting to order at 3 pm. Pastor Shin opening with prayer. Bruce Rogers was elected secretary.

A variety of reports were reviewed and approvals obtained as required. Our 2018 proposed budget of \$181,436 was approved. Of this our apportionments for 2018 are \$32,850 (a slight decrease from 2017 where our apportionments were \$33,513). The Officers for 2018 was not complete and will be presented at a later date to the Church Council for approval and forwarded to the District Office.

Rev. Herndon noted approval has been received to begin project of adding storage buildings to the grounds of Cedar Grove UMC where Mission Central is currently housed. This will allow for adequate space for Mission Central to operate and return space for use by Cedar Grove. Also reported there has been two shipments totaling 4379 flood buckets to warehouses to replenish those already sent to areas of disaster. UMCOR first responders have been on sites in Texas, Florida and Mexico. The monetary donations given for flood relief all goes to those areas where needed. The administrative costs for UMCOR is a part of the apportionments.

Rev. Herndon was recognized for his leadership at District Superintendent. He has served the Harrisonburg District for the maximum of eight years. A new District Superintendent will be appointed to begin July 1, 2018.



Several met on Thursday, September 21st for dinner at Olive Garden and then visited the District Mission Central in Harrisonburg for a tour.

Church Council Thursday September 28

Met with 8 present. Sam Arnold opened meeting with devotions on "Lesson of the Wash Cloth" with scripture references from Genesis 31:48; Ephesians 1: 4 and 7; and closed with prayer.

Treasurer Report: Cindy distributed copies of the current budget which includes note of \$765 thus far for flood relief and gave \$500 toward upcoming Tangier Mission trip. A deposit for the audio-visual project of \$5,000 has been made.

Of note: Increase in cost of weekly altar flowers to \$40 effective immediately which includes delivery to the church.

Mission/Outreach Ministry

Kim reported team from New Hope of Mike Whetzel, John Morse and Kim will be leaving on Monday morning (5:00 am) to travel to Tangier Island where total of 17 people will gather for projects of door replacement, handicap ramp, paneling, water leak repairs and painting.

Youth

Two youth accompanied by Pastor Shin visited Washington, D.C. on Friday, September 22nd for an overnight where they saw National Mall, Air/Space Museum, Zoo and attended hockey game

Staff/Parish

Continue to explore options for music director.

Lay Leadership/Nominations

Kim noted recent charge conference where budget and nominations were the agenda for approval. The budget for 2018 of \$181,436 was approved. The nominations for 2018 were not complete and will be presented to Church Council at later date.

Work continues on Audio-Visual project

Worship

Debbie reported prayer cards are being utilized during Worship Services; working on Christmas program; Laity Sunday is 10/15/17 with Susan Coffman and Dana Breeding presenting program of Faith Community Nursing. The community Thanksgiving Service will be held at New Hope on Sunday, November 19th at 7 pm

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Web Page

Web Page: mynhumc.weebly.com

Reminder to check out our church web page frequently for updates including the church calendar.

October Nurse's Health Corner

Teeth are an essential piece to individuals getting vital nutrition. Without teeth, we would not be able to enjoy a lot of the foods that we eat. Have you ever thought about how well you take care of your teeth? Many of us can still hear our moms in the back of our heads nagging us to brush our teeth before bedtime. But sadly, there are many people that are skipping out on the necessary measures that need to be taken when it comes to oral health.

Fluoride is a paste that the dentist often uses on our teeth right before we leave the dentist's office, but only getting fluoride at the dentist's office is not enough. The Center for Disease Control (CDC) suggests drinking water that contains fluoride.¹ If you want to know if the water that you are drinking contains fluoride, [here](#) is the CDC website that will help you find out.² They also suggest using toothpaste and mouth wash that contains fluoride.¹ When you are at the grocery store, look for labels that state fluoride as one of the ingredients. Be careful of which brands you choose, as fancy labeling and fancy words don't always mean quality toothpaste or quality mouth wash.

According to the CDC the "baby boomer" generation is the first generation to maintain a healthy mouth over a lifetime. One of the reasons we have a healthier mouth is regularly seeing a dentist.¹ Delta Dental suggests that people with good dental hygiene see the dentist once or twice a year. If you have poor dental hygiene, you will need to see the dentist more often. Dental visits can be expensive, but in some cases, your employer will offer dental insurance as part of a benefits package. If you do not have the opportunity to get dental insurance, the [Augusta Regional Dental Clinic](#) offers full service dental care that operates during normal business hours. They are also willing to help those that cannot afford expensive dental services. The Augusta Regional Dental Clinic understands the importance of oral health, and they work hard to make it easily accessible for those that need it.⁴

Smoking cigarettes and using smokeless tobacco effects your oral health. Tobacco products can cause oral cancer, tooth loss, and gum disease to name a few. By stopping the use of these products, you can reduce your risk of these things by 50%.⁵ If you are unsure of where to start in the process of quitting smoking, speak to your physician about help aids. Augusta Health has a smoking and tobacco cessation program, currently being restructured. Contact Dana Breeding below for a quit tobacco help packet. Drinking alcohol can have negative effects on oral health, as well. Drinks that contain acids, such as citrus based drinks, can eat away at the enamel of the teeth. Without enamel, our teeth cannot defend themselves from plaque and gingivitis. Drinks such as beer will stain your teeth and dry out your mouth. A dry mouth causes cavities, because saliva is needed to remove bacteria.⁷ Removing tobacco products and alcohol from your life will not only improve your oral health, but it will also improve your health overall.

Information provided by Emily Campbell, student intern with Community Outreach at Augusta Health. To contact Dana Breeding, RN, related to the information in this article or with questions/comments/concerns, please call (540) 332-4988 or (540) 932-4988.

<https://www.cdc.gov/oralhealth/basics/adult-oral-health/tips.html>

https://nccd.cdc.gov/DOH_MWF/Default/WaterSystemList.aspx

https://www.deltadentalins.com/oral_health/5-myths-about-alcohol-consumption-and-your-oral-health.html

<http://www.augustafreeclinic.org/index.php/ardc/dental-clinic>

<https://www.publichealth.va.gov/docs/smoking/oral-health-tobacco-use.pdf>

<https://www.augustahealth.com/community-outreach/gain-independence-from-tobacco-gift>

<http://oralhealth.deltadental.com/Child/Child/22,DD201>

Mission Opportunities

Valley Mission – ongoing project of collections – mostly for cereal but other items are welcomed as well

Mission Central – District project at Cedar Grove UMC in Harrisonburg – collecting children’s socks and underwear

Prison Ministry – District project at Kingsway Prison Ministry – junior legal pads, pencils, toothpaste, toothbrushes, chapstick

Lectionary Readings

10/8

Exodus 20:1-4, 7-9, 12-20
Psalm 80:7-15
Philippians 3:4b-14
Matthew 21:33-46

10/15

Exodus 32:1-14
Psalm 106:1-6, 19-23 (UMH 829)
Philippians 4:1-9
Matthew 22:1-14

10/29

Deuteronomy 34:1-12
Psalm 90:1-6
1 Thessalonians 2:1-8
Matthew 22:34-46

11//5

Joshua 3:7-17
Psalm 107:1-7, 33-37 (UMH 830)
1 Thessalonians 2:9-13
Matthew 23:1-12



11/12

Joshua 24:1-3a, 14-25
Psalm 78:1-7 (UMH 799)
1 Thessalonians 4:13-18
Matthew 25:1-13

11/19

Judges 4:1-7
Psalm 123 or Psalm 76 (UMH 797)
1 Thessalonians 5:1-11
Matthew 25:14-30

WORSHIP ASSISTANTS

Acolyte

10/8 Weston Powell
10/15 Derek Deavers
10/22 Helen Morse
10/29 Joanie Troxell
11/5 Derek Deavers
11/12 Becky Tate

Nursery

10/8 Carolyn Fretwell & Kenny Fretwell
10/15 Angella Pence & Penny Pence
10/22 Wendy McLaren & Kevin McLaren
10/29 JoEtta Walker & Melanie Aldhizer
11/5 Megan Aldhizer & Lynn Tuten
11/12 Gail Armsstrong & Debbie Arnold

Children’s Message

10/8 OPEN
10/15 Dana Breeding
10/22 Kevin Armstrong
10/29 Helen Morse
11/5 Pastor Shin
11/12 Dana Breeding

Lead Ushers

10/8 Dallas Van Lear & Becky Tate
10/15 Charlie Bill Fretwell & Henry Breeding
10/22 Darryl Deavers & John Morse
10/29 Kevin Armstrong & Andy Breeding
11/5 Rob Riner & Lewis Whitmer
11/12 Dallas Van Lear & Becky Tate



October/November Anniversaries & Birthdays

October

- 3 Carolyn Pace
- 3 Mike Canipe
- 3 Donald & Amy Michael
- 5 Leon Sheets
- 6 Matthew Coffman
- 6 Mary Beth Walker Hill
- 7 Ronald Booth
- 7 Alison Coffman Markow
- 8 Carl Arndt
- 9 Leigh Shaver
- 9 Dallas VanLear
- 11 Rebecca Jo Kraisser
- 12 Mary Lu Lewis
- 12 Lee VanLear
- 13 Daryl Deavers
- 14 John & Martha English
- 14 Thomas & Pat Ewers
- 15 Jean Critzer
- 15 Pat Ewers
- 15 Philip Mabry
- 16 Brett Sundeen
- 16 Kyle Kraisser
- 17 Cody Coffey
- 19 Braden Herman
- 19 Courtney Stout
- 23 Cindy Deavers
- 23 Berk Harner
- 23 Steve & Tonya Meier
- 24 Inez Hite
- 24 Jonathan Walker
- 24 Dylan Anthony
- 25 Amy Herman
- 26 Sarah Barr
- 26 Eddie & Vinda Shaver
- 27 Nancy Glass
- 28 James Howdysshell
- 29 Amy Michael

November

- 1 Larry Shiflett
- Judy Lalla
- 2 Susan Coffman
- Gage Gunsalus
- 3 W. B. Harner, Jr
- Cathy Killough
- Kerry Fretwell
- 5 Linda Gail Johnson
- 6 Joseph Bragg
- Steven Price
- 7 Kevin Bell
- 8 George Taylor
- Earl & Jackie Wilberger
- 10 Donald Michael
- Roy Randolph
- Jim Gruber
- Cathy Price
- 13 Chuck Wagner
- 13 Cindy Sanger
- Cheyenne Canipe
- 13 Darryl Deavers
- 14 Katherine Garber
- 14 Beth Rogers
- 17 Juanita Howell
- Lynn Tuten
- 18 Lydia Hough
- 19 Lloyd & Kay Moore
- Dorothy Caricofe
- Aggie Selmon
- 20 Christopher McCray
- Jolene Farrar
- Curt Rosen
- 22 Robert Herman
- Nancy Evers
- Jeff Kraisser
- 23 Cindy Deavers
- 25 David Critzer
- 26 Ruby Howell
- 26 Maureen Morris

- 27 Steven Broyles
- 27 Wendy McLaren
- 27 James & Linda
Howdysshell
- 27 Aggie & Betty Selmon
- 28 Corey Stogdale
- 29 April Selmon
- 30 Jennifer Broyles
- Kimberly Hinkle



If we have any incorrect information or are missing information, please leave updates in mailbox in church library for Hilltopper or email to altuten@vaumc.org

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2002 (continued)

10 picnic tables obtained for picnic shelter

New Hope UMW hosted District UMW Evening Together with Rev. Susan Garrett, speaker
Hearts Party

Trip to Lancaster, PS to see production of "Daniel"

Heifer Project began by Junior High class in October 1998 and then assumed by 3 and 4 grades to date in
2002 collected \$2757

Jean Critzer volunteers to become new church librarian

Speakers installed in choir loft

The old rugged cross – In 1978 when the new sanctuary was being built, the architect said he planned to
put a cross on the wall above the altar. Mr. Clayborne Shull, suggested using a beam from a century
old barn on the farm of Jim Kerr. Two men went and cut the large beam from the rook of the barn,
transported it to church, placed it on the unfinished cement floor of the sanctuary and then treated
and made it into the cross which was hung on the wall above the altar – report from Mary Lee Sites

UMW sent soup labels and postage stamps to Henry Fork Center in Franklin County

Family picnic held on May 26th

Picnic and vesper serviced on July 14th

Bags with crayons, paper, etc made available for children during worship service

Congregation participates in Salvation Army's Christmas "angel tree"

VBS – "God's Great Gallery" with 30 children and 15 adults

50's Drive In September 7th

UMW speaker, Judi Patterson, on her trip and experience in Kenya where they shared the gospel as well
as Operation Christmas Child shoeboxes, Little Debbie cakes, and wordless books

HOTS/Fall Bazaar

"Dinner at the Inn" 12/1 –interactive drama between guests and casts as well as light meal

"Branch", the clown portrayed by Helen Morse

December 9th – Miss Margaret Sites celebrated her 100th birthday

2003

Thanks to Francis Stout for 4 handcrafted wooden crosses for use by acolytes

District Leadership Training – led by Rev. Larry Jent, worship service on traditions of Cherokee Christians

Hearts Party 2/16 6:30 to 8:30 pm

Leadership Retreat at Blessings Lodge which included dinner

Gideons presented program

Youth sponsored Souper Bowl, Queen – Phyllis Fretwell; King – Mac Craig

Fall Revival 9/14-17 Rev. Myron Augsburg speaker

Spring Revival 3/30-4/2 Rev. Melvin Deiter

Youth Projects – pancake and sausage breakfast; peanut butter eggs

Maundy Thursday Service "Upper Room"; hosted community Good Friday service

Youth lock-in; youth bible study "Prayer of Jabez for Teens"

YAY2003 – Knoxville, Tenn

Children's Movie Night

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VBS – “Palestine 30 AD – You Are There”
Teen room dedicated
Medications and monetary gift for Russia
50’s Drive In 9/13
Purpose Drive Life study delayed until next spring
Fit4 Classes – 23 participants and 2 leaders
10 members visited Henry Fork Center and Ferrum College 8/28
“Christmas in Cricket County” play 12/6 7 pm
Celebration Singers performance 11/23

2004

Prayer Breakfast 1/17
Souper Bowl 2/1
Hearts Party 2/15 7:00-8:30 pm
Mother Daughter Banquet 5/8 “Seasons of our Lives”
New copier; old copier donated to New Hope Ruritans
Children’s Movie Night – “Willy and the Sparrow”
Hearing impaired sound equipment installed
Diabetic support group started
VBS 8/1-6 “Hero Quest”
Vesper Service 8/29 included light meal
50’s Drive in 9/11 4-6:30 pm
Lancaster, Pa trip 8/12-13 for production Ruth and Psalms of David
Collected \$800 for hunger relief in Sudan
Quilt celebrating 135 years in mission dedicated at UMW prayer breakfast on 9/18/04; quilt was hung in
Assembly Center in Blackstone
Harvest Festival 10/31 after worship included covered dish lunch, hay ride and popping for apples
HOTS 11/13
Youth sponsored caroling
Children’s Christmas program on 12/12

2005

Souper Bowl celebration \$405 and 40 lbs food collected
Improvements to Ladies lounge
Picture directory begun
Hearts party
District UMW held Spiritual Life Retreat at Camp Overlook with 5 from New Hope attending
Youth planted potatoes; estimated harvest 2400 lbs
Memorial Day Celebration 5/29 at 5:30 pm
Fall Revival with local churches 10/2-5; Rev. Al Horton speaker
Active church softball team
Donations for mission trip to Russia
17 youth attended Awakening at Virginia Beach
Homecoming 9/18

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Nurture

JoEtta noted upcoming events including 50's Drive In on 10/7; mid-week meal and fellowship beginning at 6 pm on 10/11; and Bring a Friend, music and covered dish meal followed by children's activities (hayride and bon-fire?) on Sunday, October 29th.

Children's Ministry: Kim noted successful Parent's Night Out from point of participants (children and parents). Pastor Shin announced plans for movie night October 20th from 6 to 8 pm.

Communications – Wanda presented an extensive list of upcoming events. (See listing elsewhere in this newsletter).

Pastor Shin

Reports working on devotion book to be published in mid-December which can be an legacy for families based on year of bible readings.

Reviewed contract for changing from New Hope Telephone Company to Comcast for phone and internet services to meet needs for new audio-visual equipment.

He will be attending conference on "Connections" in mid-October and also conference on two year program for fruitful churches.

Prayer concerns were reviewed and meeting closed with prayer led by Pastor Shin.

United Methodist Women

Met on Monday, September 18, 2017 with 15 present. Our meeting opened with stating our Purpose followed by review of UMW prayer calendar and of our local prayer concerns.

Cathy Fauber and Linda Lam were introduced as representatives from Operation Christmas Child which is a division of Samaritan Purse. In 2016 over 135 million shoeboxes of gifts were sent to 150 countries. There are more than 500,000 volunteers world-wide. Ms. Fauber and Ms. Lam demonstrated two typical shoeboxes and can be stuffed as much as possible so lid shuts and can be tied closed with rubber band. Collections for the boxes are done between November 13 and 20. There are at least two local collection spots (Augusta Cleaners in Waynesboro and Calvary Baptist Church in Staunton). Scripture references were made from Romans 10:14-15; Mark 16: 15 and Acts 1:8.



During our business meeting new lists of college students and shut-ins were distributed. Our circles are now working toward new names (Faith – formerly Minnie Carr; Love – formerly Irene Fretwell and Hope – formerly Mabry/Shiflett). Our pledge service and candle burning programs at our November meeting will also recognize the ladies our circles have been named.

Plans were made to serve Hi Noon club at New Hope on October 12th.

New Hope United Methodist Church

PO Box 86

New Hope, Va 24469

Web Page: mynhumc.weebly.com

Address Service Requested



HILLTOPPER

Mission: Growing as followers of Jesus Christ, we seek to live out our faith and serve God's community.

Identity: The New Hope congregation is a family of sharing and caring Christians who gather for worship and fellowship and through whom opportunities for spiritual growth are offered for all ages.

Vision: The people of New Hope will allow God to make a lasting and holy difference in us and through us as we apply ourselves to worship, prayer, study, witness and service



New Hope United Methodist Church

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