

New Hope United Methodist Church

# Hilltopper

Harrisonburg District

January 2015



Prayers  
Presence  
Gifts  
Service  
Witness

## POTATO BAR LUNCH

Sunday, January 11th

Following Worship Service

Fund raiser for Haiti Mission trip in March



### *Special points of interest:*

- Nurses Corner
- Activities & Events
- Anniversaries & Birthdays
- New Hope Leadership Roster
- Missions

### **Welcome to our Administrative Assistant**

New Hope Church welcomes one of our own, Al Tuten, as our new Administrative Assistant. His position was approved by our Charge Conference held in November, and said position was to begin in January, 2015. Al will be coordinating all information for our church bulletin, newsletter, distributing announcements concerning our church's ministry via e-mails,, and assisting our pastor and other staff. Those who have facilitated many tasks through our office will continue their volunteer ministry in conjunction with Al's work. "Hats off" to those who have given of themselves in our combined efforts and who will continue to serve our church at New Hope!



Donations of toothpaste, chap stick, and junior legal pads for King's Way prison ministry



Walmart gift cards for Valley Mission



Emily Howdyshell and students from Shenandoah University on their December 2014 mission trip to the Bahamas.

## Mission Opportunities

Valley Mission—ongoing project of cereal. Bring your boxes of any kind of cereal and leave in Wesley Sunday School Classroom. Regular deliveries are being made. Thank you !!!

Henry Fork Service Center—ongoing project of saving our Campbell Soup labels.

### Mission Trips

- |            |   |
|------------|---|
| March 2015 | Haiti (potato bar fund raiser following worship on 1/11/2015) |
| July 2015  | Tangier Island (youth)  |
| Fall 2015  | Tangier Island  |

See John Morse. More details will be forthcoming as available.

## Children's Ministries



Courtney Joyner, music minister, working with the children to prepare for the Christmas program

## Lectionary Readings

1/4

Isaiah 60:1-6  
 Psalm 72:1-7, 10-14  
 Ephesians 3:1-12  
 Matthew 2:1-12

1/18

1 Samuel 3:1-10, (11-20)  
 Psalm 139:1-6, 13-18 (UHM 854)  
 1 Corinthians 6:12-20  
 John 1:43-51

1/11

Genesis 1:1-5  
 Psalm 29  
 Acts 19:1-7  
 Mark 1:4-11

1/25

Jonah 3:1-5, 10  
 Psalm 62:5-12 (UMH 787)  
 1 Corinthians 7:29-31  
 Mark 1:14-20



## WORSHIP ASSISTANTS January 2015

Acolyte

1-4 Kaylee McLaren  
 1-11 Susan Coffman  
 1-18 Cindy Deavers

Nursery

1-4 Dana Breeding &  
 Clara Breeding  
 1-11 Carolyn Fretwell &  
 Kenny Fretwell

1-18 Angella Pence &  
 Penny Pence

Ushers

1-4 Jake Botkin & Lewis  
 Whitmer  
 1-11 Al Tuten & Helen  
 Shiflett  
 1-18 Henry Breeding &  
 Charlie Bill Fretwell

Children's Message

1-4 Al Tuten  
 1-11 Cindy Deavers  
 1-18 Robin Craun  
 1-25 Kevin Armstrong

## New Hope Leadership Roster for 2015

(Please keep our Leaders in your prayers)

**Administrative Council** Linda Wheatley, chairperson; Tom Murphy, pastor; Courtney Joyner, Minister of Music; Kim Maugans, Lay Leader, Al Tuten, Kevin Armstrong, Bruce Rogers, Owen Harner, Larry Hinebaugh, Angella Pence, Robin Craun, Wanda Harding, Teresa Barr, Lynn Tuten, Bill Fretwell, Phyllis Jarvis, Karen Whitmer, Tonya Meier, Jack Walker, and Jake Botkin

**Nominations & Leadership Development** Tom Murphy, chairperson; Ron White, Inez Hite, Martha Fretwell, Nadine Hinebaugh, Andy Breeding, Alice Ward, Phyllis Fretwell, Christy Powell, and Kim Maugans, lay leader.

**Pastor/Staff Relations** Larry Hinebaugh, chairperson, Tom Murphy, pastor, Dick Randolph, Betty Stout, Dana Breeding, Mary Sheets, Linda Wheatley, Judy Riner, Jack Walker, Kenny Fretwell, and Kim Maugans, lay leader.

**Trustees** Owen Harner, chairperson; Teresa Barr, Lewis Whitmer, Kevin McLaren, Kevin Armstrong, John Morse, Jarman Fretwell, and Rob Riner.

**Finance and Stewardship** Kevin Armstrong, chairperson; Tom Murphy, pastor; Kim Maugans, Al Tuten, Larry Hinebaugh, Owen Harner, Robin Craun, Angella Pence, Mike Stout, Alice Ward.

**Commission on Ministries** Al Tuten, chairperson; Tom Murphy, pastor, Clara Breeding, Wanda Harding, Helen Morse, Leon Sheets, Jarman Fretwell, Kim Maugans, Angella Pence, Robin Craun, JoEtta Walker, Beth Howdyshell, Dana Breeding, Gail Armstrong, Josh Hitt, Carolyn Fretwell.

### TRANSITION COMMITTEE

Met on December 7th.. Our focus was on “Who Do You Say I AM?” with scripture from Luke 9: 18-20. Questions considered included: (1) Values essential to the life and work of New Hope Church (tradition, faith, mission hospitality, concerns/caring, spiritual commitment, relationship with Jesus, respect); (2) Do these values have meaning to the congregation? (3) Prioritize according to our belief of their importance (faith, hospitality—love, mission, tradition).

Next meeting Sunday, January 4, 2015 at 6:00 pm.

### Web Page

Web Page: [mynhumc.weebly.com](http://mynhumc.weebly.com)

Reminder to check out our church web page frequently for updates including the church calendar.

# Nurse's Health Corner

Good Health: a team approach between you and your healthcare provider.

The Agency for Health Care Research and Quality (AHRQ) advises that one way to make sure you get good quality health care is to be an active member of your health care team. You can do this by taking several steps before, during and after your appointments.

Before your appointment:

- Plan to take all medications to your appointment: prescription, nonprescription, vitamins and supplements.
- Write down questions before you go to your appointment.

Know your current medical conditions, past surgeries, and illnesses.

If this is difficult for you, ask a family member or friend to help you prepare and go with you to your appointment.

During your appointment:

- Communicate any new sign or symptom you are having, no matter how insignificant you may think it is.
- Reflect on health history and any problem you are having with any medication.
- Ask questions, so you have full understanding.
- If you are concerned about following directions, ask for written instructions, a brochure, video or website.

If you need a treatment or test, ask why, how, when and where.

After your appointment:

- Follow your health care provider's instructions. If they have advised you to take a medication, or go for a test or treatment, unless you said no before you left the office, they assume you will follow through.
- If you do not understand any instructions, call the office for clarification.
- Talk with health care provider or pharmacist before you stop taking any medication.
- If symptoms get worse, call the office immediately.

Make appointments for test to be done, if the office hasn't already done so. Call the office to check on test results if you have not heard anything.

Consumer Reports surveyed 660 primary-care physicians about their professional challenges—and about what patients could do to get the most out of their relationship with their own doctors. Two top findings were:

- Doctors and patients alike put a high value on courtesy and professionalism.

Patients aren't taking full advantage of strategies that doctors think are helpful, such as taking notes during their visits.

Doctors said that forming a long-term relationship with a primary-care physician is the most important thing a patient can do to obtain better medical care.

To find out more from AHRQ please visit: <http://www.ahrq.gov/patients-consumers/patient-involvement/ask-your-doctor/tips-and-tools/beinvolved.html>. To read the entire article about what physician wish their patients know, visit: <http://www.consumerreports.org/cro/2012/04/what-doctors-wish-their-patients-knew/index.htm>

Information provided by Dana H. Breeding, RN Health Educator from Community Outreach, at Augusta Health. To contact her related to the above information, please call 332-4988 or 932-4988.





Cousins 4 Christ entertained us following the Christmas Dinner

Mini Cantata by our



Children's Christmas presentation

# Anniversaries & Birthdays for January

## January-

1-Thomas Glass  
 2-Filmore Cook  
 2-Mary Rowe  
 3-Dana Breeding  
 3-Jack Walker  
 3-Sam Arnold  
 4-Michelle Chittum  
 4-Brooke Darrah  
 5-Dave Critzer  
 5-Bucky Darrah  
 5-Shirley Western  
 6-Gary Campbell  
 6-Michael Herman  
 6-Phyllis Jarvis  
 6-Herman Pace  
 7-Kristin Walker  
 9-Barbara Arndt  
 9-Jacob Schreckhise  
 10-Vinda Shaver  
 11-Jackie Wilberger  
 12-Phyllis Fretwell  
 13-Amanda Corbett

14-Will Bergman  
 17-Mildred Hartman  
 17-Candice Kincaid  
 17-Jason Shiflett  
 18-Crystal Abbe  
 18-Lynn Shaver  
 19-Kathy Campbell  
 19-Gina Davis  
 20-Michael Breeding  
 20-John Western  
 20-Laura Jenner  
 21-Ken Fretwell  
 22-Heather Abbe Fitcham  
 22-Bob & Jean Critzer  
 24-William Critzer  
 25-Nora Darrah  
 25-Richard Ritchie  
 25-Christian Deavers  
 26-Jeremy McLaughlin  
 28-Gary Lewis  
 31-Denise Duncan



If we have any incorrect information or are missing information, please leave updates in mailbox in church library for Hilltopper or email [wsharding@verizon.net](mailto:wsharding@verizon.net)

## ACTIVITIES & EVENTS— January

1/4	6:00 pm	Transition Committee meeting
1/5	9:00 am	Verona Food Pantry Volunteers
1/5	7:00 pm	Mabry/Shiflett Circle meeting at The Legacy
1/11	Noon	Potato bar following worship as fund raiser for mission trip in March to Haiti
1/12	7:00 pm	COM
1/19	9:00 am	Verona Food Pantry Volunteers
1/20	6:30 pm	UMM
1/22	6:30 pm	Adm Council

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**Web Page: [mynhumc.weebly.com](http://mynhumc.weebly.com)**

Address Service Requested

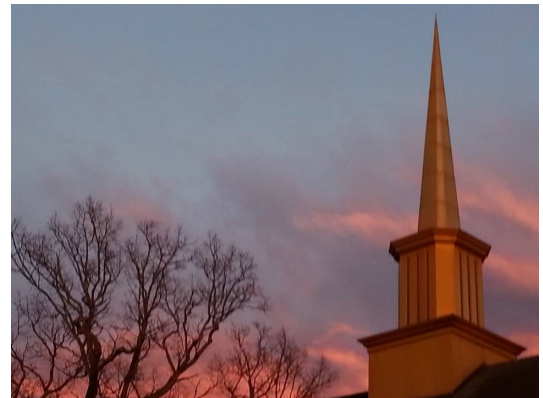


## HILLTOPPER

**Mission:** Growing in discipleship, living our faith and reaching others

**Identity:** The New Hope congregation is a family of sharing and caring Christians who gather for worship and fellowship and through whom opportunities for spiritual growth are offered for all ages.

**Vision:** The people of New Hope will allow God to make a lasting and holy difference in us and through us as we apply ourselves to worship, prayer, study, witness and service



New Hope United Methodist Church

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Rev. Tom Murphy, pastor

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